# Futures Provocation - what is systematic futures thinking and why you need it?

#### **Prof Sirkka Heinonen**

Finland Futures Research Centre (FFRC), University of Turku

#### **Futures Studies and The Future of Sustainable Energy in Teaching**



DEEM Training 3 September 2019 University of Yangon (YU) Yangon, Myanmar



#### Lecturer's Background

#### Professor of Futures Studies since 2007 at Finland Futures Research Centre (FFRC), University of Turku

- PhD Helsinki University
- Previously Chief Research Scientist at VTT (Technical Research Centre of Finland)

technology foresight, future of cities, sustainable knowledge society, energy, social media, innovation

- Vice-President of the Finnish Society for Futures Studies
- Chair of Helsinki Node of the Millennium Project 2001 –
- Member of the Club of Rome 2005 -





# **Structure of Lecture**

1. What is futures thinking and futures studies as a discipline

2. Main principles and approaches

3. Who owns the future? What is futures agency?

....



#### 1. What is futures thinking and futures studies as a discipline?

#### **KEY CONCEPT**

## What is Future?

That's the first question, then:

Does the future exist?
Can we have knowledge about futures?
How to study it?

#### Origin of Futures Thinking Is Age-Old Future is about Thinking (of the Future)



- Historically tied to the prevailing approach to the future in society during different ages.
- Future consciousness is not possessed by only a few chosen ones but a characteristic typical of the entire human race.
- This observation formed the foundation for the development of futures research as both academic and civic activity.

# Different approaches to Futures in different ages and in different cultures

Obiora Ike,

Nigeria

African concept of time/futures, Chinese, Japanese, Brasilian, German, Frenck, Myanmar...?

#### THE FUTURE UNFOLDS

- The Future unfolds every second
- The Future holds several possibilities
- Of these possibilities (only) some will be unfolded to the present realities



#### **Ancient Tradition of Futures Thinking**

The Egyptians, Babylonians, Assyrians, Jews, Greek, Romans and Chinese shared the conviction that humans are capable of receiving transcendental knowledge about the future.

The ancient tradition of foretelling the future included more than 100 various techniques

(intuitive and inductive methods).

e.g. The Delphi oracle consulted by statesmen



# What is the Nature and Origin of Modern Futures Research?

Modern futures research means systematic action and approach for developing and using scientific methods and tools for probing future alternatives (NOT prediction or prophecy)

- practiced ever since the 1940s-60s
- The scientific-oriented paradigm gradually established
   Ossip K. Flechtheim: Die Futurologie 1943
- Futures studies launched in USA in 50s, France, Japan 60s ....Finland in the late 70s.
- Now an academic discipline, but ONLY in some countries

#### **CURRENT FUTURES STUDIES**

Established paradigm with university-level courses, programmes, chairs, annual conferences, methodologies in Finland





#### **FUTURES RESEARCH**

Intnl Master's Programme and **Doctoral Programme at FFRC** 

Future of Cities? Future of Energy? uture of Myanmar? Future of South East Asia? 2030? 2050?

**Foresight** 

**Futures research = systematic, holistic,** multidisciplinary and critical long-term analysis of futures topics and alternative developments

**Foresight = structured participatory debate about** the future of complex issues

©SirkkaHeinonen

#### International Master's Programme in Futures Studies at School of Economics, University of Turku

School of Economics' Motto: A Great Place to Think Ahead!



GENERAL PURPOSE OF FUTURES STUDIES According to Wendell Bell

"To maintain or improve the freedom and welfare of humankind and of all living beings, plants and the earth's biosphere -> making the world a better place"



#### PENTTI AV MALASKA and

A Visionary and Forerunner

Edited by Laura Pouru • Markku Wilenius • Karin Holstius • Sirkka Heinonen



- Life and work of Professor Pentti Malaska.
  - A key pioneering role in establishing the academic discipline of futures studies not only in Finland, but also internationally.
- Insight into the futures research ideas, theories and methods developed by Malaska

Pouru, Laura, Markku Wilenius, Karin Holstius & Sirkka Heinonen (eds.) (2018)

Futures Series 9, The Finnish Society for Futures Studies. 243 pp.

#### EXERCISE

Discuss & Describe in small groups:

1) What is your approach to Future(s)?

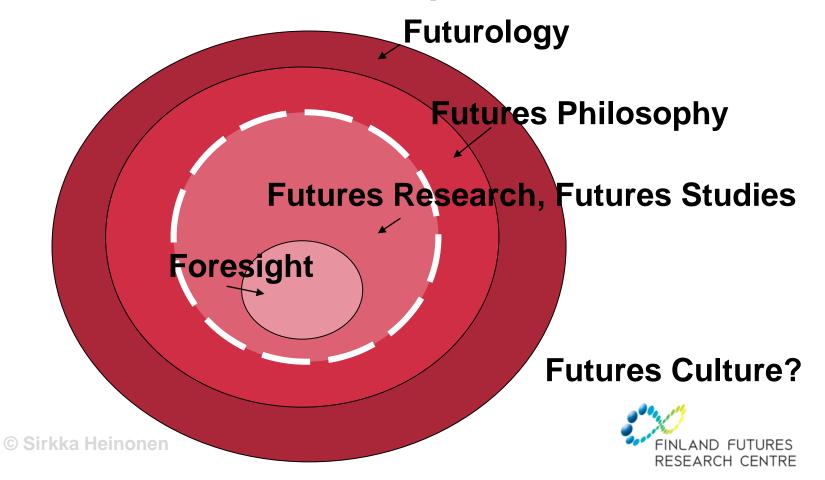
as closest to Futures Studies?

Photo of Diego Rivera's painting in Mexico by SirkkaHeinonen

### 2. Main Principles and Approaches

#### **Futures Research Paradigm**

Futures research means systematic, multidisciplinary, holistic, long-term, critical exploration of future development alternatives.



#### FORESIGHT

- Foresight is a pragmatic, problem-oriented futures studies approach as structured debate about future-related topics.
- Short & medium term horizon



RESEARCH CENTRE

#### Criteria for Applications of FUTURES STUDIES & FORESIGHT

- > Within the larger framework of futures research
- Timeframe flexible (from shorter-term exercises to long-term foresight)
- Involving many stakeholders
- Participatory
- Multidisciplinary
- Open & questioning -> critical & alternative
  - Often including roadmap working
  - > Action-orientated
  - Part of innovation process and policy
  - > Learning process



## **Out-of-the Box Thinking**



Dator's law "Any useful statement about the future should at first seem ridiculous"



## **Three Key Principles**

# **1. Future cannot be predicted**

## 2. Future is not predetermined

#### 3. Future can be affected

(Roy Amara 1981)



## Three kinds of futures

#### Possible futures

(What is theoretically possible to happen. Is something impossible? What?)

#### Probable futures

(On what grounds? A continuation of the present conditions in the future? Is it probable?)

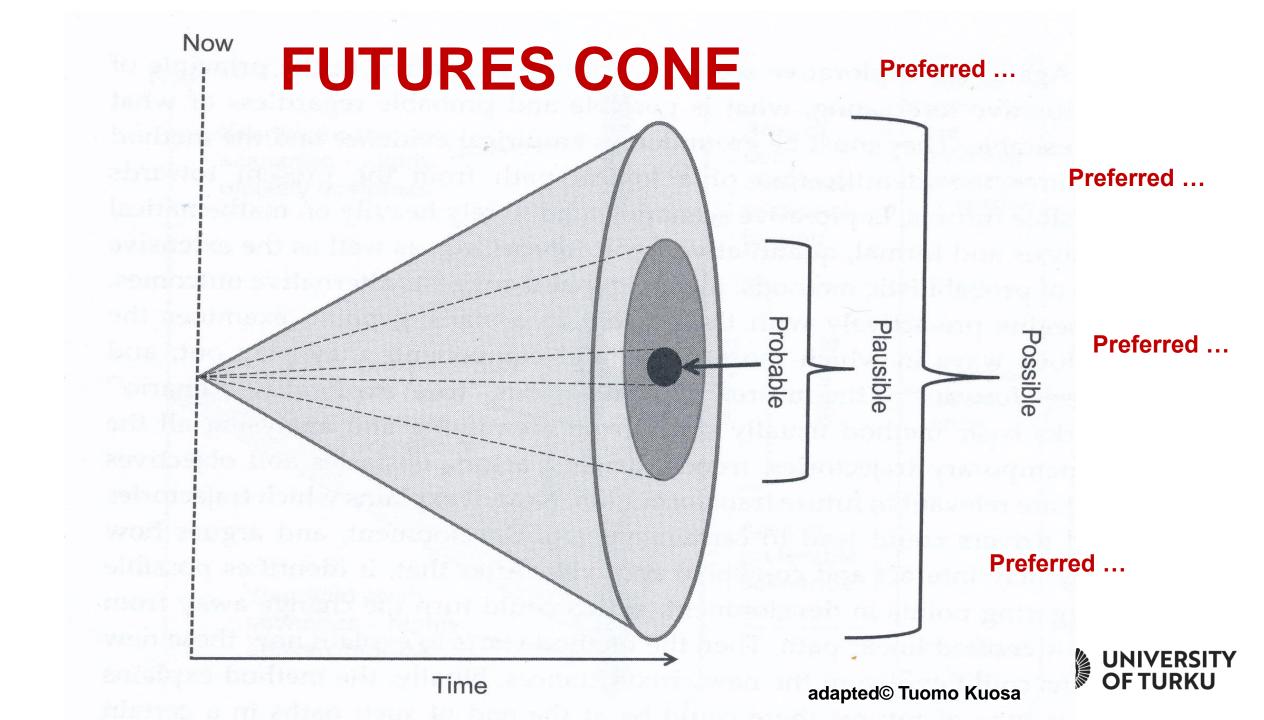
#### Preferred futures

(In what kind of a world would you like to live in?)

WHAT IS YOUR PREFERRED SCENARIO FOR FUTURE OF SUSTAINABLE COMMUNITIES?

YOUR LIFE IN.

Taiking homes
 Delivery robots
 Contact lens displays
 Airship holidays
 Driverless taxis
 AND MOREI



## **Several approaches**

#### **Exploratory vs Normative**

#### **Exploratory:** What could we do in space? **Normative:** Let's send a man onto the Moon and get him back!



Other Categories of Approach 1. Descriptive 2. Scenario 3. Evolutionary (Mannermaa 1991)

1.Predictive/empirical2.cultural/descriptive3. Critical/poststructuralist (Inayatullah 1990)

Probabilistic (forecasting),
 Possibilistic (scenarios),
 Constructivist (design-based foresight) (Tuomi 2019)

### **3. Who Owns the Future? Futures Agency**

# ACTORS

©SirkkaHeinonen

#### **FUTURE IS NOW – FUTURE IS HERE – FUTURE IS** OURS

The future is always on - therefore one should not use the time or resources defending yesterday (Peter Drucker)

What has already happened, will create the future

Future cannot be predicted, but it can be influenced – it is far too important to leave in the hands of others or to to fate

#### Long Tradition of Futures Studies in Finland

Finnish Society for Futures Studies 1980

•Finland Futures Research Centre, University of Turku 1992

•Committee for the Future in Parliament 1993

Prime Minister's Office, Foresight Team

Helsinki Node of the Millennium Project 2001

Finnish Association of the Club of Rome

#### NATIONAL FORESIGHT PROCESS IN FINLAND



participation

**UNIVERSITY** OF TURKU

#### **PARLIAMENT OF FINLAND**

#### **COMMITTEE FOR THE FUTURE**

#### **EXAMPLES OF RECENT FORESIGHT** by the Committee for the Future

#### Radical technologies

Societaltransformation2018–2037: 100 anticipated radical technologies, 20 regimes, case Finland (2019)

- Education export
- Wellbeing 2030
- Generative (creative) spaces

#### **GLOBAL ASSOCIATIONS AND THINK-TANKS**



• World Future Society (WFS) 1968







The Millennium Project

- World Futures Studies Federation (WFSF) 1973
- Club of Rome 1968 (CoR) Limits to Growth 1972
- Millennium Project (MP) 1996
   http://www.millennium-project.org/
   Helsinki Node 2000 &
   Myanmar Node?



# To Own the Futures you have to Create the Futures

- creation
- co-creation/participation
  empowerment
  emancipation

Robert Jungk Johan Galtung

**Actors --> Pioneers** 



# Thank You!

a destant in the

#### **Professor Sirkka Heinonen**

Finland Futures Research Centre (FFRC), University of Turku sirkka.heinonen@utu.fi

#### How Do We Explore Our Futures? Acta Futura Fennica 10 The Finnish Society for Futures Studies

How Do We

Explore Our Futures

Futures Studies = Body

Methods = Skeleton

Futures studies is a field of knowledge closely related to the social sciences and arts. As a field of science, it is based on interpretations on the nature and reliability of future-related knowledge, which also connects it to the exact natural sciences. The first edition of this book was published in Finnish in 1993. This first English-language edition is based on the third, updated edition, published in 2013 and containing new methods and articles. 25 years ago, futures studies was still finding its form in Finland and elsewhere in the world. Today, it is a more established field among the sciences. In Finland, there is nowboth a master's and a doctoral programme in futures studies. The writers of the book are largely the same as in the earlier, Finnish-language editions, but we have also included contributions from new experts of Finnish futures studies.

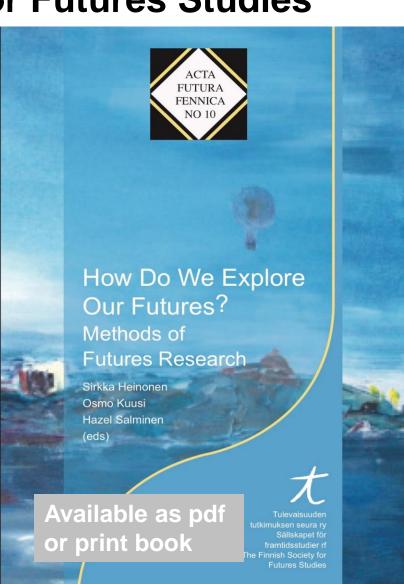
Besides presenting methods, the writers reflect on the position of futures studies compared to other fields. The methods introduced in the first edition of the book are still important. We now have a broader understanding of scenarios and the different methods used to create them. In addition, the development of the Internet has opened up completely new opportunities, e.g. for the Delphi technique and we can even speak of an internationally high-level, Finnish school of Delphi. Moreover, themethods based on face-to-face interaction, such as the futures workshops, have developed considerably in 25 years.

As a basic futures studies publication, this book is intended for everyone who is interested in futures studies and its applications. The book is also well suited to be used as a futures studies textbook.

#### Inquiries/orders: tutuseura@gmail.com



TA FUTURA FENNICA NO



## **References and further reading**

- Amara, Roy (1981). The Futures Field. Searching for Definitions and Boundaries. *The Futurist*, Feb. 1981, 25–29.
- Bell, Wendell (1996). Foundations of Futures Studies: Human Science for a New Era: History, Purposes, Knowledge. 3rd Printing edition. New Brunswick, NJ: Transaction Publishers.
- Dator, Jim (2009). Alternative Futures at the Manoa School. Journal of Futures Studies 14 (2), 1-18.
- Glenn, Jerome Florescu, Elizabeth & the Millennium Project Team (2018) State of the Future 19.1. Millennium Project. Washington D.C. <u>http://www.millennium-project.org/state-of-the-future-version-19-1/</u>

Heinonen, Sirkka & Karjalainen, Joni (2018). *Electrification in Peer-to-Peer Society*. TUTU-Publications 1/2018, Finland Futures Research Centre, Turku. 2. edition. In Finnish (forthcoming in English in November 2019!) https://www.utu.fi/fi/yksikot/ffrc/julkaisut/tutu-julkaisut/Documents/Tutu\_1-2018.pdf

- Heinonen. S. & Karjalainen, J. (2019) Pioneer Analysis as a Futures Research Method for Analysing Transformations. In Poli, R. & Valerio, M. (eds.) Anticipation, Agency and Complexity. Anticipation Science 4, Springer Books, p. 61-77. DOI: 10.1007/978-3-030-03623-2
- Heinonen, Sirkka, Ruotsalainen, Juho & Karjalainen, Joni (2017a) Transformational Energy Futures 2050. Neo-Carbon Energy Societal Scenarios. FFRC eBOOK 10/2017. Finland Futures Research Centre, University of Turku, 69 s. TY ISBN 978-952-249-495-5, ISSN 1797-1322. <u>http://www.utu.fi/fi/yksikot/ffrc/julkaisut/e-</u>OF TURKU tutu/Documents/eBook 10-2017.pdf

- Heinonen, Sirkka et al. (2017b) Final Neo-Carbon Energy Countdown Ready for Renewables. FFRC eBOOK 11/2017. Finland Futures Research Centre, University of Turku. 40 s. ISBN 978-952-249-496-2, ISSN 1797-1322. <u>http://www.utu.fi/fi/yksikot/ffrc/julkaisut/e-tutu/Documents/eBook\_11-2017.pdf</u>
- Heinonen, S., Karjalainen, J., Ruotsalainen, J. & Steinmüller, K. (2017c). Surprise as the New Normal Implications for Energy Security. *European Journal of Futures Research* 5: 12. <u>https://doi.org/10.1007/s40309-017-0117-5</u>
- Heinonen, Sirkka et al. (2017d.) Testing Transformative Energy Scenarios through Causal Layered Analysis Gaming. *Technological Forecasting and Social Change* 124: 101-113 <u>https://doi.org/10.1016/j.techfore.2016.10.011</u>.
- Karjalainen, Joni & Heinonen, Sirkka (2018) The Pioneers of Renewable Energy are Around the World What Can We Learn from Them? *Journal of Futures Studies* 22 (4): 83-100.
   DOI:10.6531/JFS.201806.22(4).0006 <a href="http://jfsdigital.org/wp-content/uploads/2018/06/06n-Glocal-Insights-Karjalainen-Heinonen.pdf">http://jfsdigital.org/wp-content/uploads/2018/06/06n-Glocal-Insights-Karjalainen-Heinonen.pdf</a>
- Karjalainen, Joni & Heinonen, Sirkka (2016). Using Deliberative Foresight to envision a Neo-Carbon Energy Innovation Ecosystem – Case Kenya. AJSTID African Journal of Science, Technology, Innovation and Development.



- Karjalainen, J, Ruotsalainen, J, Heinonen, S, Byrne, R (2018) Radical Solar Energy Startups in Kenya and Tanzania. Neo-Carbon Energy WP1 Working Paper 2/2018. Finland Futures Research Centre, University of Turku. <u>https://www.utu.fi/sites/default/files/public%3A//media/file/NeoCarbon-WP1-2-2018.pdf</u>
- Lang, Merja, Karjalainen, Joni & Heinonen, Sirkka (2016) Glocal Insights to Neo-Carbon Energy and Its Forerunners. NEO-CARBON ENERGY WP1 Working Paper 4/2016. Finland Futures Research Centre, ISBN 978-952-249-429-0. www.utu.fi/fi/yksikot/ffrc/tutkimus/hankkeet/Documents/NeoCarbon-WP1-4-2016.pdf
- Masini, Eleonora (2006) Rethinking futures studies. *Futures* 38 (2006) 1158–1168.
- Poli, R. & Valerio, M. (eds.) Anticipation, Agency and Complexity. Anticipation Science 4, Springer Books.

Pouru, Laura, Wilenius, Markku, Holstius, Karin & Heinonen, Sirkka (eds.) (2018). Pentti Malaska. A Visionary and Forerunner. Futures Series 9. Finnish Society for Futures Studies, Helsinki, 243 p. http://www.tutuseura.fi/julkaisut/julkaisusarjat/tulevaisuussarja/9-malaska-biography/



- Rifkin, Jeremy (2014) The zero marginal cost society. The internet of things, the collaborative commons, and the eclipse of capitalism. Palgrave MacMillan, New York.
- Ruotsalainen, Juho Karjalainen, Joni Child, Michael & Heinonen, Sirkka (2017) Culture, values, lifestyles, and power in energy futures: A critical peer-to-peer vision for renewable energy. *Energy Research & Social Science* 34: 231–239. <u>https://doi.org/10.1016/j.erss.2017.08.001</u>
- Taleb, Nassim (2007) The Black Swan.
- Tapio, P. & Heinonen, S. (2018) Focused futures from Finland. World Futures Review 10(2). <u>https://doi.org/10.1177/1946756718754847</u> See <u>http://www.utu.fi/en/units/ffrc/news/news/Pages/ffrc-wfr.aspx</u>
- Wright, George & Cairns, George (2011) *Scenario Thinking. Practical Approaches to the Future.* New York, 176 p.

#### **ON SCENARIOS – SEE**

Heinonen, Sirkka (2018). Scenarios as Stairways to Resilient Futures. Blog text at FFRC 27<sup>th</sup> April. https://ffrc.wordpress.com/tag/resilience/



#### How To Explore Our Futures? Information about the methods book

- Editorial Board: Prof. Sirkka Heinonen, Adj. Prof. Osmo Kuusi & MSc Hazel Salminen
- Publisher: The Finnish Society for Futures Studies (<u>www.futuressociety.fi</u>) Series: Acta Futura Fennica 10

#### **INQUIRIES & ORDERS**

#### HERE

- Printed book: EUR 45 + postage (discounted price EUR 40 for members of the FSFS)
   E-book: EUR 25 (member price EUR 20)
- For orders, visit our online shop: <u>https://holvi.com/shop/Tutuseura/section/julkaisut-publications</u> OR contact directly Hazel Salminen at the Finnish Society for Futures Studies, Finland, at this email: <u>toimisto@futurasociety.fi</u>